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**Curried Coconut** Chilli Chicken Wholegrain Rice n Peas

Rice n Peas

Mixed Salad

**Hummus Pott** 

**MONDAY** 

Homemade Spicy Falafel Flatbread

Flatbread wedge

**TUESDAY** 

Lemon and Herb Chicken with Roast Potatoes & Gravy

WEDNESDAY

Low Salt & Chilli Chicken Firecracker Rice

THURSDAY

Choose from: **Battered Fish** Sausage (battered or plain) Margherita Pizza Chicken Nuggets Chips & Gravy or Curry Sauce

**FRIDAY** 

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**SIDES** 

Jamaican Black Eyed Peas Stew Wholegrain	Butternut, Chilli and Mozzarella Gnocchi
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Smoked Cheese
& Onion Slice
with
Roast Spuds

Cauliflower Cheese

Cajun Potato Wedges : Seasonal Vegetables

### **Vegetable Chinese** Curry With Firecracker Rice

Sweet Chilli Sticky Greens

**Prawn Crackers** 

## **Choose from:**

Margherita Pizza Veggie Sausage (battered or plain) Chips, Gravy or Curry Sauce

**Baked Beans** 

**Onion Rings** 19/2, 11/3, 1/4, 22/4, 13/5, 3/6, 24/6, 15/7













	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STREET	Spicy Chicken Dhansak	Tex Mex Burrito Bar Chipotle Chicken or Spicy Beef	Halal Beef Cottage Pie, Roast Potatoes and Gravy	Meatballs in Baharat Tomato Sauce	Choose from: Battered Fish Sausage (battered or plain) Margherita Pizza Chicken Nuggets Chips & Gravy or Curry Sauce
VEGGIE	Tarka Dahl	<b>Crispy Topped</b> <b>Mac n Cheese</b> BBQ Drizzle & Crispy Onion	<b>Veggie Bangers</b> Cheesy Chive Mash	Cumin Chickpea & Vegetable Bake in Baharat Tomato Sauce	Choose from: Margherita Pizza Veggie Sausage (plain or battered) Chips & Gravy or Curry Sauce
SIDES	Wholegrain Rice & Kachumber Salad	Chunky Tomato Salsa Mexican Slaw	Carrots & Peas	Moorish Cous Cous & Green Salad	Baked Beans
Xtras additional to Meal Deal	Naan Bread	Tortilla Chips	Cauliflower Cheese	Garlic Flatbread	Frickles

WEEK 2





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**TUESDAY** 





**THURSDAY** 

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Chicken Jambalaya

**Tex Mex Chipotle** 

**Sweet Potato** 

& Lime Taco

Hand Cut Wedges &

**Mustard Slaw** 

Cajun Onion Rings

**MONDAY** 

Teriyaki Chicken Stir Fry with Coriander and Lime Rice

**Wok Fried Oriental** 

Veggies

Chicken and Vegetable Pie Roasties & Gravy

**WEDNESDAY** 

Chicken Ruby Murray Yellow Rice

Choose from: **Battered Fish** Sausage (battered or plain) Margherita Pizza Chicken Nuggets Chips & Gravy or Curry Sauce

**FRIDAY** 

# VEGGIE

SIDES

WEEK

Extras additional to Meal Deal

Veggie Thai Style	:	<b>Vegetable Pie</b>	
Noodles		with	- 1
		Roasties & Gravy	

Chana Masala Yellow Rice

Margherita Pizza Veggie Sausage (plain or battered) Chips & Gravy or Curry Sauce

Choose from:

Seasonal Vegetables Kachumber Salad **Baked Beans** 

**Prawn Crackers** Cauliflower Cheese

Naan Bread Garlic Mayo Dip Pot

4/3, 25/3, 15/4, 6/5, 27/5, 17/6, 8/7,29/7