

BRISTOL METROPOLITAN ACADEMY PSHE 2021/22 CURRICULUM PLAN									
Week Beginning	Year 7	Year 8	Year 9	Year 10	Year 11 (tutor time)				
Term 1	06/09/2021	Intro to PSHE/ expectations	Intro to PSHE/ expectations	Intro to PSHE/ expectations	Intro to PSHE/ expectations				
	13/09/2021	What do we mean by a healthy lifestyle?	Vaping, nicotine and addiction	Alcohol awareness	Managing grief and bereavement				
	20/09/2021	How can I keep healthy?	Cancer awareness	Drugs and the law	Why do people commit suicide?				
	27/09/2021	How do I know if I'm eating healthily?	Personal safety and first aid	Vaccinations, organ and blood donation	Managing social anxiety				
	04/10/2021	Consequences of not eating healthily	Teen pregnancy and parenting	Vaccinations, organ and blood donation	Social Media and self-esteem				
	11/10/2021	What's the big deal about energy drinks?	Assessment	What are acid attacks	Screen time - how much is too much?				
	18/10/2021	Healthy living - exercise	Prejudice and stereotypes - disability	Assessment	Assessment	Obesity and body positivity			
HALF-TERM									
Term 2	01/11/2021	The dangers of smoking	Homophobia	Human rights - UNICEF	Anti-social behaviour				
	08/11/2021	What are drugs?	Discrimination - teens	Human rights - trafficking	Crime, gangs and county lines				
	15/11/2021	Assessment	Internet safety - online grooming	Human rights - Is sending aid the answer	Money laundering				
	22/11/2021	How can we be aspirational students?	How can we care for the environment?	Sustainability for all	Why do people become extremists?				
	29/11/2021	How does self-esteem help us achieve?	Assessment	How does the law treat young offenders	Overt and covert racism				
	06/12/2021	What are wants and needs?	British Values - tolerance	How does knife crime impact on our lives	Fake news and critical thinking				
	13/12/2021	Prejudice and discrimination - racism	Racism (BLM)	Assessment	Assessment	Personal safety			
XMAS BREAK									
Term 3	03/01/2022	Staying safe online - social media	Who are the extreme groups	Discrimination and The Equality Act 2010	Managing time effectively				
	10/01/2022	How can we shop ethically?	Where does extremism come from - leaders	How do we cope with stress?	Living sustainably				
	17/01/2022	Assessment	How can we prevent radicalisation and extremism	How can we manage anxiety?	Homelessness				
	24/01/2022	Keeping good friendships	Prejudice and discrimination - religion	Sharing information online safely	Hate crime				
	31/01/2022	Family relationships	Assessment	Why do people self-harm?	How harmful is binge drinking?				
	07/02/2022	Romance, love and new feelings	Self-confidence and goals	Assessment	Lifestyles and wellbeing				
	14/02/2022	Bullying or banter?	Personal development and target setting	How can I avoid debt?	Assessment				
HALF-TERM									
Term 4	28/02/2022	Cyberbullying	Managing my behaviour to achieve	How can I manage my money?	The right career for me				
	07/03/2022	Keeping safe and positive relationships	Emotional literacy and self awareness	Our rights as consumers	What are employers looking for in CV's				
	14/03/2022	Personal identity - British values	What is mindfulness?	Employability - applying and preparing	Why pursue a STEM career?				
	21/03/2022	What are radicalisation and extremism?	Finance - income and expenditure	Self-discipline to achieve	Rights and responsibilities in the workplace				
	28/03/2022	Assessment	Finance - tax and NI	Workplace skills	Why do we need an International Women's Day?				
	04/04/2022	How can we budget our money?	Finance - budgeting and saving	Assessment	Assessment				
EASTER BREAK									
Term 5	25/04/2022	Creating a personal budgeting plan	Careers - teamwork skills	Body image, media and eating disorders	Consent - intimacy and pleasure				
	02/05/2022	What are savings, loans and interest rates?	Assessment	Body image - girls focus	Consent - impact of pornography				
	09/05/2022	What are financial products?	Introduction to consent	Conflict management	Consent - pressure, persuasion and coercion				
	16/05/2022	What are the different kinds of financial transactions?	Consent - avoiding assumptions	Intimate image sharing and the law	Focred and arranged marriages				
	23/05/2022	Assessment	Consent - freedom and capacity to consent	Relationships with role models	Harassment and stalking				
HALF-TERM									
Term 6	06/06/2022	Mental health introduction - depression	Contraception	How does child sexual exploitation happen?	Same sex relationships				
	13/06/2022	How can we manage our anger?	Dangers of pornography	Domestic violence and abusive relationships	Gender and trans identity				
	20/06/2022	Puberty - what happens, when and why?	Sexting and image share danger	How can we deal with peer pressure?	Community cohesion				
	27/06/2022	Periods - what happens, when and why?	STI's	British Values - identity	Sexism and gender prejudice				
	04/07/2022	FGM?	Body image - male focus	Who are the LGBT community?	Parenting				
	11/07/2022	Assessment	Assessment	Assessment	Assessment				
	18/07/2022	Catch-up/ student voice	Catch-up/ student voice	Catch-up/ student voice	Catch-up/ student voice				
	Year 11 exams								

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