

Prevent (*Student Friendly*)

Staying Safe at Bristol Metropolitan Academy

At Bristol Metropolitan Academy, we want to make sure that you feel safe and happy at school and in the community. This includes protecting you from people who may try to encourage you to do things that could harm yourself or others.

What is Prevent?

Prevent is a part of the government's plan to stop people from being drawn into dangerous or harmful ideas that could lead to violence or terrorism. The main aim of Prevent is to keep you safe.

Why is Prevent important?

- It helps protect young people from harmful influences.
- It teaches us how to think critically about information we see online and in the media.
- It encourages us to respect different people, cultures, and beliefs.
- It helps us to know where to go if we need help.

What could be a sign of a problem?

Sometimes, people try to influence young people in negative ways. Here are some things to look out for:

- Someone trying to convince you to believe extreme ideas.
- People encouraging you to hate others because of their race, religion, or background.
- Being told to keep things a secret or being pressured to do something you are uncomfortable with.
- Watching videos or reading messages that promote violence.
- Being encouraged to stop attending school or reject your friends and family.

Who can you talk to?

If you ever feel unsure, confused, or worried about something you've seen or heard, talk to a trusted adult at school or at home. You can speak to:

- The Designated Safeguarding Lead (DSL) or any member of the Safeguarding Team.
- Your Principal, Teacher or Head of House.

- A trusted adult at home.
- You can also report concerns online through Childline (0800 1111) or the police (101 or 999 in an emergency).

How does Bristol Metropolitan Academy help?

- We teach students how to keep themselves safe online and in their community.
- We encourage kindness, respect, and understanding of different cultures and beliefs.
- We have a safeguarding team that is trained to support students with concerns.
- We work with organisations that help protect young people from harmful influences.

What should you do if you're worried?

- **Speak up** – don't keep concerns to yourself.
- **Talk to someone** you trust if something doesn't feel right.
- **Stay safe online** – don't share personal information or talk to strangers.
- **Be kind and respectful** to others, even if they have different views.

Remember:

This is about keeping you **safe, supported, and informed**. If something worries you, no matter how small it seems, please talk to someone. We are here to help!