

HIGH STANDARDS, HIGH ASPIRATIONS, HIGH EXPECTATIONS24th May 2023

Dear parent/carers,

I hope that all of the families are enjoying this run of nice weather and fingers crossed it continues across the upcoming break. It has been a funny term in the sense of broken weeks. With the Bank Holidays and industrial action days I appreciate there has been an amount of disruption and I just wanted to thank our families for the support shown during this time. Year 11 are now well and truly into their exam season. They have approached these first few weeks with maturity. We really do understand how pressured this period of time feels for young people. As we approach the half way period of the exams please do check in (as I know you will have been) with Y11 students. Encourage them to ensure that next week is a good blend of study and relaxation to ensure they are both well prepared and well rested for the final weeks of the exam season. It will be worth it in the long run and they will get the luxury of the longest summer break they will likely ever have after the end of June.

I will sign off the term with a number of notices of things that have happened, and will be happening, in and around the Academy and community:

U16 Girls Basketball – As I communicated in my previous letter, the U16 Girls did an amazing job of reaching the National Basketball finals up in Manchester last week. On the day they did amazingly well but just lost out on the gold medal, instead securing silver. We know the team worked so hard across the year to secure that title but we also recognise that most of the team will have another shot next year and we know they will carry on going from strength to strength. Well done to all of the players. A big Thank You to Miss Wallace for all of her work with the team this year. You can see an article in the Bristol Parent publication here [Bristol Metropolitan Academy basketball team second in the country - Bristol Parent](#)

Fencing Tournament – Two weekends ago some of our fencers yet again travelled to participate in a tournament. Sequoia in Y8 secured Silver in only her 2nd tournament as a fencer. Well done to all of the competitors from BMA who travelled to participate and to Mr Cooley, as always, for giving up his time unpaid to ensure these opportunities run.

Scholastic Book Fair – Thank you for all of the support this last week in the Book Fair in the library. £670 worth of books were sold. This level of sales puts around £150 worth of books into our library free of charge (in addition to students being able to enjoy their new books). Thank you to Mrs Harman for her efforts in organising this event.

FiveDinners Meal Planner – I'm always a little wary of sharing lots of "advertising" to families but we were recently sent a link to an online meal repository which is currently offering free lifetime membership for families. Each week it provides a new set of recipes as well as an exact shopping list. I've tried it myself last week and it seems pretty good so I have decided to share the link in case it is of interest to any families (we are not affiliated with the company or receiving any incentive to share, it just seemed useful particularly in the current climate)

[Five Dinners Meal Planner – Weekly Meal Planner | Meal Plans](#)



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Big Walk and Big Run for Charity - A number of staff from Bristol Met joined more than 200 colleagues from across the Cabot Learning Federation in a series of challenges to raise money to support the trust's most vulnerable pupils. The BMA Team joined colleagues from the trust's 22 schools in Bristol, South Gloucestershire and North Somerset to complete the CLF's annual Big Run and Big Walk events.

More than 60 team members put months of preparation and training to good use by tackling running events, with groups competing in the 10k and half marathon at the Great Bristol Run, and others completing the scenic 13 miles of the Weston Super Half. Meanwhile, some 140 walkers took a trip to Wales to climb Pen y Fan in the Brecon Beacons, a four-mile walk and 2,906ft ascent amid stunning scenery. I was particularly proud to see a few of our students supporting the event by staffing baggage drops and water stations as I (slightly staggering this time) ran around the Bristol half marathon course.



I hope all of our families have a restful break next week and we look forward to seeing all of our students back safely at normal time (8:30am) on **Monday 5th June** (*there is no INSET or staff training day at the start of term*)

Yours sincerely

Cameron Shaw
Principal