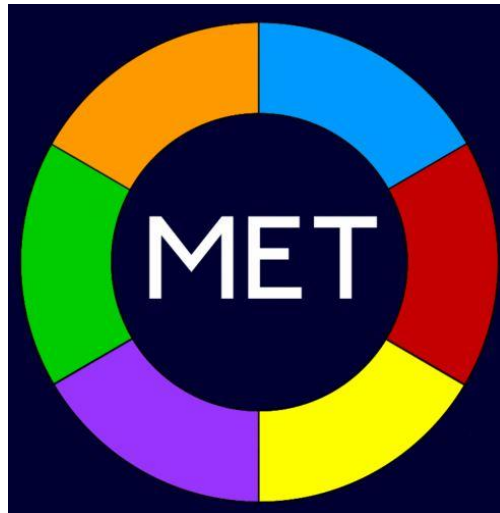
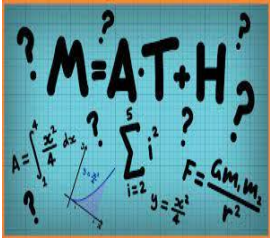
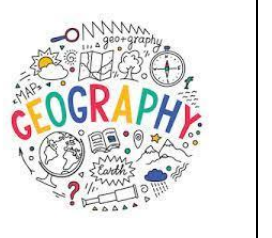
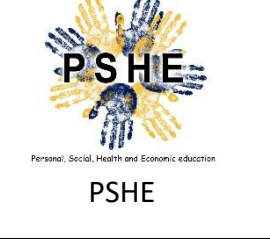
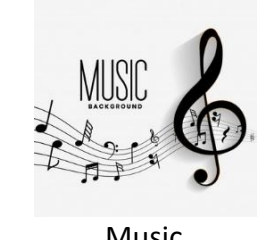
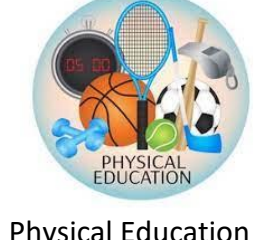
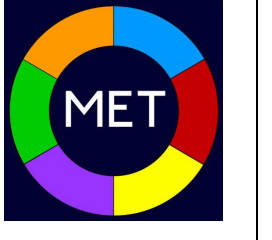




YEAR 7 SUBJECT INFORMATION

 English	 Maths	 Science	 Geography
 Art	 Computer Science	 Drama	 History
 Religious Studies	 PSHE	 Literacy	 MFL
 Music	 Physical Education	 Design Technology	

This booklet is designed to give you and your child an understanding of the subject areas they will be studying at Bristol Metropolitan Academy.

- Equipment required / What to bring to school every day
- Homework / Knowledge Organisers
- Curriculum structure

Equipment

Please ensure that your child has the following equipment available to use in their lessons.

Essential equipment	Ideal equipment
Black pen (2) preferred or blue	Compass
HB Pencil	Protractor
Pencil case	Calculator scientific £10.50 on ParentPay
Bag (Backpack)	Sharpener
Purple pen	Highlighter
Rubber	
Ruler	

You can now purchase an **Essential Equipment Pack** for £1. This will include a pencil case, 2 black pens, 1 purple pen, 1 pencil, a 15cm ruler and a rubber. A smaller equipment pack will be available throughout the year called a **Replenishment Pack** for 30p which contains a pencil, 2 pens and a purple pen.

All of these items are now available on ParentPay. All purchased packs will be delivered to your child during school hours.

If you are unable to provide any of the equipment below, please contact your child's tutor to discuss alternative arrangements.

PE - All students are expected to arrive to lessons promptly, to change quickly for PE, and wear the Academy designated PE Kit. PE lessons take place indoors and outside, even when it is cold or raining.

If your child is unable to physically take part in a PE lesson, please ensure they have a note outlining the reason why and for how long they should be excused. If a child is unable to take part they are still expected to change for the lesson as they will be given a non-physical role such as scoring, refereeing and/or coaching. **Failure to bring kit or a note will result in detention being given.**

Homework

What homework is set? Students will independently complete homework in the form of quizzing, revision techniques and keyword/theme development from their **Knowledge Organisers**.

How often is it set? Students follow a two-week timetable, completing the homework(s) set on specified day. Core subjects (Maths, English and Science) are set weekly, while non-core subjects (e.g. Art) are set every other week. Subjects are split across the two-week homework timetable to support students in completing the homework independently.

How is homework recorded? All homework is recorded in student planners which are given to the students when starting the academy.

Where is homework completed? Homework must be completed within the homework book given to students. **It is expected that students will have their homework book and student planner with them daily.**

Students can access additional support with homework at the homework club in the library 3pm-4pm.

Knowledge Organisers

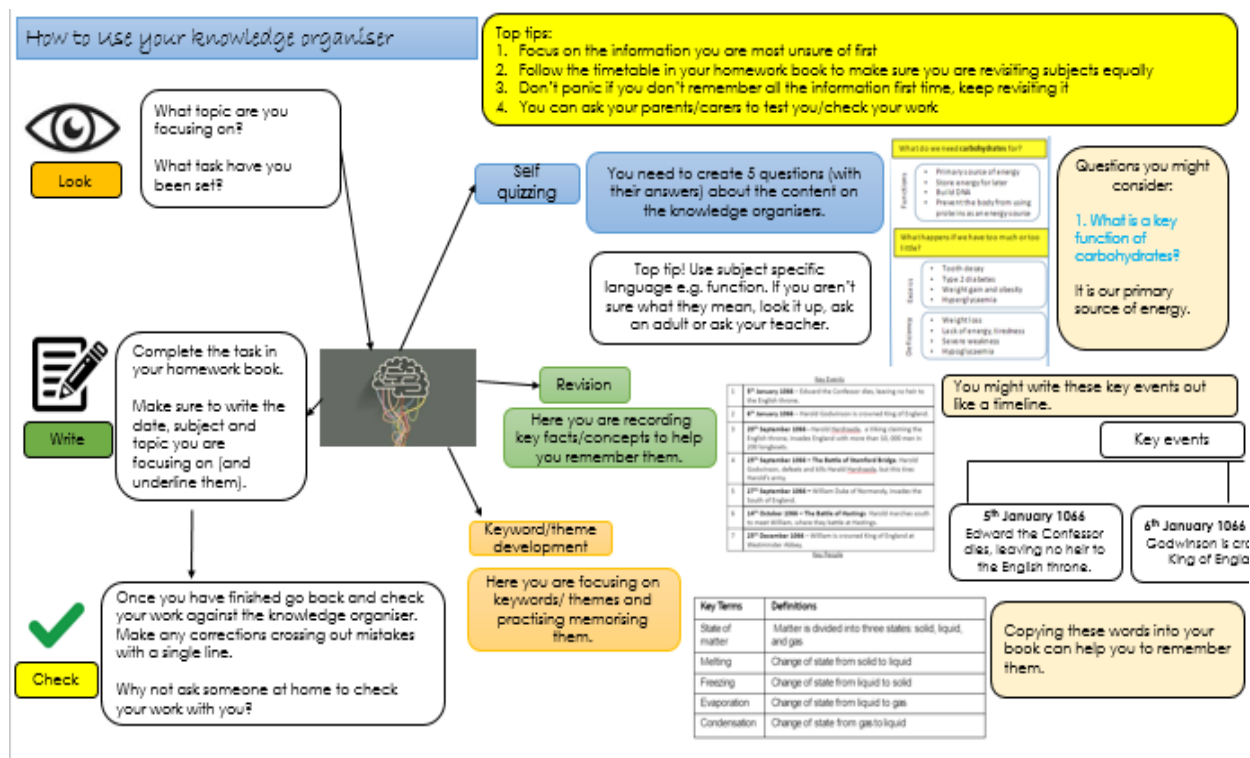
At Bristol Metropolitan Academy we use Knowledge Organisers with the vision to build effective revision strategies into homework and lessons. With changes in GCSE content, students are required to master, recall and apply a wide range of information. The use of Knowledge Organisers, from KS3 upwards, develops these skills in students, as well as their ability to learn independently.

This Knowledge Organiser model also provides a framework of what is being covered from Year 7-11, empowering parents to support learning at home.

What will the knowledge organiser contain?

Knowledge Organisers have been designed by specialist subject teachers and contain key facts and concepts relevant to each of the subjects taught in KS3 and KS4.

Students will receive a printed A4 booklet at the start of every term along with an exercise book to complete their homework within. Students are expected to bring both of these to school daily.



ENGLISH

Welcome to English at BMA!

Our goal is to instill in your child a love of reading and writing, to promote and develop their literacy skills for use in school and beyond, and to provide them with an engaging and stimulating setting in which to learn.

Curriculum Structure

Your child will have five English lessons every week. Lessons will focus on the core literacy skills of spelling, punctuation and grammar, skills required by students in all aspects of their learning, as well as the study of literary texts. In years 7 and 8, one English lesson per week is based in the library to promote and develop a love of reading.

English lessons will be in mixed attainment groups and will centre around reading and writing a variety of fiction and non-fiction texts in a range of genres. Alongside the regular marking and leveling of the work your child completes in English, students will also have an assessment of their reading and writing skills each term, for which they will be assessed against the ARE (Age Related Expectations).

MATHS

Welcome to Maths at BMA!

We work hard to ensure that every student makes good progress and is a successful mathematician. We want every student to enjoy learning maths, and we will support where it is needed, challenging and providing a wealth of enrichment opportunities.

Curriculum Structure

Each student in Year 7 will have 5 maths lessons each week. Classes are mixed attainment groups where every student is supported to achieve their potential and be successful in maths.

Students are expected to arrive on time, bring equipment (including a calculator), and follow instructions. Students are also expected to participate fully in every lesson, present their work clearly and complete homework on time. Students are encouraged to ask interesting questions, try challenges and learn from their mistakes.

The school library has a range of resources and also provides access to computers where students can use appropriate websites to help with homework and develop their mathematical knowledge outside of lessons.

Assessment

Students will be assessed regularly through the use of homework and classwork and will also complete mini tests in lessons to help check progress. Three times per year students will sit formal written assessments. This gives students valuable experience revising for and sitting formal examinations.

SCIENCE

Welcome to Science at BMA!

Our aim is to offer each student an engaging and inspiring Science curriculum. We are dedicated to making sure that each student has the opportunity and support to progress and succeed to their maximum potential.

Curriculum Structure

Each student in Year 7 will have 4 lessons of science per week. Classes are mixed ability

Assessment

Students will have regular assessments to ensure that their progress can be accurately monitored. There will be a baseline test at the beginning of Year 7 and an additional 4 assessments during the year to assess progress made throughout the year.

Revision guides

KS3 revision guides are available to buy at a subsidised cost of £3.00. This will help students to complete homework and revise for end of topic tests. In addition, websites such as "BBC Bitesize KS3" can be used to support students' learning.

MODERN FOREIGN LANGUAGES

Welcome to Modern Foreign Languages (MFL) at BMA!

We pride ourselves on delivering lessons which are dynamic, in target language and taught by specialist teachers to enable rapid progress from the early stages. MFL lessons are engaging, challenging and combine all four linguistic skills: speaking, reading, listening and writing. We aim to broaden students' knowledge beyond subject specification in a supportive learning environment. Our MFL students are required to work collaboratively with peers to develop individual research skills.

We encourage learners to practice the language they are studying in the country in which it is spoken, by going on one of our school trips to a European City.

70% of universities and employers require a Modern Foreign Language qualification to at least GCSE level. Having another language on your CV demonstrates good memory skills for vocabulary and analytical thinking, which are sought after skills by employers.

Curriculum Structure

European Languages

Year 7 pupils are able to study German or Spanish. They may also attend lunch time revision and twilight support classes if needed.

Community Languages:

At BMA, we believe it is essential to value the languages spoken in our community. It is also central to our core value of cohesion and intercultural understanding. In 2019 BMA accredited 11 different languages. For example: Turkish, Arabic, Punjabi, Polish & Urdu. We celebrate our diversity as a school and aim to empower bilingual students, by gaining them a qualification in their home language.

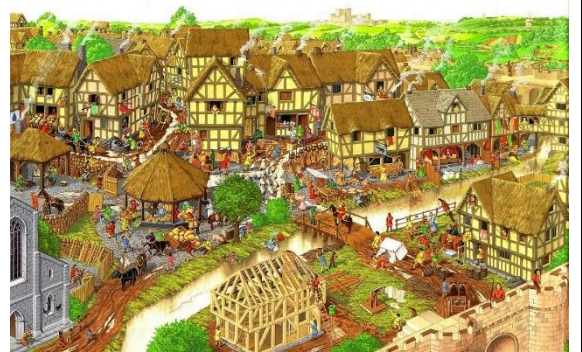
HISTORY

Welcome to History at BMA!

It is the principal aim of the History department to encourage an interest and enthusiasm for the past. We will support students to develop their historical knowledge that will enable them to become contributing members of society empowered with skills and values necessary to meet the challenges of an ever-changing world. Students will develop an understanding of the past and its legacies so they can enter meaningful historical controversies and debates. Through learning about other times, places, cultures and beliefs, as well as their own, will enable our students to develop a sense of personal meaning and place in the world.

Curriculum Structure:

In Year 7, students will engage in five historical enquiries, focusing on Medieval England and Early Modern England. They will learn about key events, including the Battle of Hastings, the Black Death and the English Reformation. Students will also study advancements in the Islamic world and there will also be an element of local History. To finish the year, we will be exploring the importance of African Kingdoms. Through these topics' students will become effective historians, with the ability to tell a historical narrative, explore change and continuity over time, challenge interpretations, analyse historical evidence and evaluate importance of historical events and people.



What to bring:

To ensure that students arrive to lessons ready to learn, they should bring the following equipment to each lesson: blue or black pen, pencil, and a ruler.



GEOGRAPHY

Welcome to Geography at BMA!

We aim to develop knowledge and interest in both the human and physical world and the interactions between the two. Students will learn a range of geographical skills, many of which are transferable across the curriculum, and will have many opportunities to improve their numeracy and literacy skills.

Curriculum Structure

Students will study two overarching 'topics' over the course of Year 7. These are 'Geography in the UK' and 'Russia'. Within these two broad and wide-ranging topics, we will cover many key themes and skills needed to be a successful Geography student. We will look at aspects of Geography such as population and biomes, as well as map skills, weather and locational Geography. We cover coastlines and rivers, as well as some political geography within the Russia topic.

Other

Students are encouraged to watch, read or listen to the news. This will widen their knowledge of current local and world affairs, extending their learning outside the classroom, enabling them to question their surroundings and applying classroom-based study to real-life scenarios. Geography is, after all, the study of OUR planet, and the way WE interact with it.

RELIGIOUS EDUCATION

Welcome to Religious Studies at BMA!

KS3 Religious Studies Vision

Students who follow the Religious Studies syllabus will wrestle with the mysteries of life and the answers given by a variety of religions and world views. This will help students to uncover the important cultural capital that religious stories provide and how students' religious backgrounds overlap as well as how religion has contributed to the arts, sports, and science. This can assist our students in having a clear sense of what is of real value in life today and the role that religion has had in shaping the world we live in.

Students will explore the teachings, beliefs and practices of the main world religions and views which will allow students to consider their own views and opinions in light of what they have learnt, as well as to experience empathy and tolerance when employing a critical mind to the exploration of these religious and world views. The aim is to develop students who are religiously literate in that they can work as: Philosophers to uncover how and why people think, Theologians so that they are clear on what people believe, why they believe this and the impact this has on individuals, communities and the wider society today, and finally Social Scientists so that they have a good grasp of how these disciplines contribute to how people live and interact with each other.

It is with this combined approach to RS that we will deliver a knowledge and meaning rich exceptional curriculum that not only improves progress and achievement but also prepares students to engage with Big Questions and work effectively with people with and without faith in a way that encourages tolerance and peace.

PSHE

Welcome to PSHE at BMA!

Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. Our PSHE programme aims to develop the knowledge, skills and attributes all pupils need in order to keep healthy and safe. It will prepare them for life and work in modern Britain.

Curriculum Structure

Year 7 students have one PSHE lesson every week. The PSHE curriculum is based on the Jigsaw 11-16 programme which includes six units of study, including:

1. Being Me in My World
2. Celebrating Difference
3. Dreams and Goals
4. Healthy Me
5. Relationships
6. Changing Me

The programme of study offers a holistic PSHE learning journey spanning the pupil's school career, with a progressive, spiral curriculum that addresses real needs in a rapidly-changing world.

PHYSICAL EDUCATION

Welcome to Physical Education!

All students are expected to arrive to lessons promptly, to change quickly for PE and wear the Academy designated PE kit. PE lessons take place indoors and outside, even when it is cold or raining. If your child is unable to physically take part in a PE lesson, please ensure they have a note outlining the reason why and for how long they should be excused. If a child is unable to take part, they are still expected to change for the lesson as they will be given a non-physical role such as scoring, refereeing and/or coaching.

Physical Education is an important part of every student's education. Our aim is to develop the confidence, competence, knowledge and motivation students need to enjoy physical activity throughout their lives.

Year 7 students have two PE lessons each week. They experience a broad curriculum that may include rugby, football, basketball, gymnastics, netball, hockey, cricket, athletics, rounders, tennis, and fitness. Classes may be grouped according to students' needs and abilities so that everyone can participate, make progress and experience success.

Physical Literacy and Assessment

Physical literacy is central to our curriculum. Students develop movement skills, confidence, teamwork, communication, leadership, tactical awareness and an understanding of safe and healthy participation. They also experience different roles, including performer, coach and official.

Progress is assessed through lesson observations, questioning, practical activities and opportunities for self and peer assessment. Assessment is not based solely on natural sporting ability or fitness. We consider students' physical skills, knowledge, decision-making, teamwork, resilience, engagement and response to feedback.

At the end of each term, students are assessed in the activity they have been studying and receive a DOOYA grade. Students also complete two summative Spotlight Assessments during the year. These use an unfamiliar, non-sport-specific activity to assess age-appropriate physical literacy. This approach reduces the advantage of previous experience in particular sports and creates a fairer, more inclusive assessment for all students.

Participation and Safety

To take part fully in PE lessons, students must bring the correct Academy PE kit, appropriate footwear, a water bottle and any required medical equipment. For health and safety reasons, long hair must be tied back and all jewellery removed before lessons. If a student is unable to remove recently pierced jewellery, a note should be provided explaining when the piercing was completed and when it will be safe to remove. If a student is injured or temporarily unable to participate fully, they should still attend PE with their kit. Wherever possible, they will remain involved through adapted activities or by taking on alternative roles such as coaching, officiating or observation tasks.

Extra-Curricular Opportunities

The PE department offers a wide range of clubs, teams and competitions, including football, rugby, netball, basketball, cheerleading, fencing, cricket, athletics and rounders. Further opportunities may include skiing, sports tours and DofE. Students of all abilities are encouraged to take part, whether for enjoyment or competition. An updated extra-curricular timetable is shared throughout the year.

DRAMA

Welcome to Drama!

Curriculum Structure

Drama is taught in mixed ability groups throughout KS3. Drama is a **compulsory subject** that will be studied in one lesson a week.

What to expect

Drama is undertaken in normal school uniform. Girls who wear skirts that restrict movement are encouraged to change into leggings (at the start of the lesson) for more physical activities. Students will be asked to work in clean footwear with grip soles and will be asked to remove

any jewellery and lanyards. Long hair should be tied back.

All students must participate and perform in front of a class audience to the best of their ability.

Students will also need to bring a pen for writing activities. There will be extra-curricular drama in the form of Met Mastery lessons, after-school clubs and the annual school production.

Year 7 will cover a toolkit of acting skills as well as devising drama. We also have links with Bristol Old Vic, Bristol School of Acting and Boomsatsuma.

Students will develop life skills such as confidence, respect, self-esteem, teamwork, communication, vocal projection, physicality and creativity.

DESIGN TECHNOLOGY

Welcome to Design and Technology!

Design and Technology at Bristol Metropolitan Academy is curated to ensure that every pupil is able to develop lifelong skills. Our programme of work covers a breadth of subjects within the specialisms of Food and Nutrition, Design Technology and Textiles. Within these three areas, pupils will learn knowledge and reinforce learning through creative and practical exploration.

During Year 7, 8 and 9 each student will have one double lesson per week. At Christmas and at Easter, each class rotates to a new specialism. The three specialisms are outlined below:

Food & Nutrition

At KS3 students learn about nutrition and healthy eating through a mixture of theoretical and practical lessons. Developing their understanding of nutrients and food commodities, where food comes from and food miles. Students will reinforce this learning in practical lessons. Foods produced include stir-fry, vegetarian bolognese and pizza. At Bristol Metropolitan Academy, all ingredients are provided, we just ask students to provide a container from home.

Textiles

At KS3 our focus is to ensure students are aware of safety as they learn to use and develop skills with machinery and tools specific to the Textiles classroom. They will be encouraged to express their personal creativity as they design in the context of artists and designers. Students will learn about current issues such as waste materials, recycling and reducing single use plastics. In Year 7 pupils will make a monster cushion, in Year 8 they will make recycled bags and in Year 9 they will make wall hangings.

Design and Technology

At KS3 pupils are challenged to consider materials within this specialism. In Year 7 the student focus is on wood, creating a Gumball machine. In Year 8 pupils look at plastics and electronics to make a nightlight. In Year 9 pupils learn about metal and create a pewter cast keyring/pendant. Throughout our subject, pupils are being challenged to consider their place in the wider world. Students will be able to understand the importance of Design and Technology as a means of communication, health & safety and personal growth. To understand the value of Design and Technology in a society of different cultures and professions. To give young people an awareness of social, moral, global and environmental impact.

ART

Welcome to Art!

Students will have one lesson of art per week. They will be involved in creating and appreciating others' work. We firmly believe that every student has the ability to be creative and we encourage full participation whilst ensuring that students are comfortable and are given the opportunity to work in a way that suits them.

What to expect

Students are given access to equipment during their lessons and enrichment activities. They will study themes such as: as portraiture (what is the purpose of a portrait?) and the natural world (why does nature matter?). Students will explore a range of techniques such as drawing & painting, print – one colour mono/relief print, 3D – relief and using ICT.

Students will also study artists such as: Frida Kahlo, Roy Lichtenstein, Julian Opie, Van Gogh, Francis Bacon and Chris Ofili.

There is a department Instagram Account which is used to celebrate student work.
@BMAart.

MUSIC

Welcome to Music!

We believe in the importance of Music as part of a full and varied curriculum in school education. Music has the power to enable young people to express themselves, understand cultural differences and contexts and develop their self-esteem and confidence. There are opportunities to learn instruments, develop singing, understand how music works and compose original pieces.

Curriculum Structure

Each student in Year 7 will have one lesson of Music per week. Lessons always have a practical focus in KS3, whether it be through performance or composition.

In Year 7 we cover:

- The Musical Elements
- Instrumental and Singing Skills
- Traditional Music
- Western Classical Music

Extra-curricular activities and enrichment

The Music department runs a number of extra-curricular clubs including school choir, school band, Samba band and Steel Pan band. In addition, equipment and rehearsal space is available to students in all social times.

We also have a number of teachers visit the school each week to give 1 - to - 1 lessons in Singing, Guitar, Bass Guitar, Ukulele, Saxophone and Drums. These lessons are available to all for a subsidised fee or provided for free for those who qualify for free school meals.

There are two whole school concerts per year open to the public, and regular in-school performances in the street and assemblies.

We believe passionately that everyone is musical and has the potential to achieve greatness in music whether it is as a performer, composer or theorist.

If you have any questions please feel free to email kama.miller@clf.uk.

We look forward to helping your child in their musical journey.

COMPUTING

Welcome to Computing at BMA!

Computing

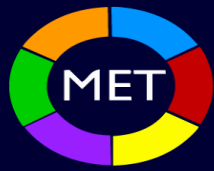
Students at Bristol Met are given the opportunity to study Computing at KS3. The curriculum is structured to help students become successful in Computing and to also help them make good progress into KS4, if they wish to pursue the subject as an option in GCSE.

Curriculum Structure

Students have one Computing lesson a week and use the latest software to enrich their education. Computers are available throughout the school day meaning students can access the technology whenever they need to complete their class and homework.

Assessment

Students will be assessed throughout the year, including 2 written assessments to demonstrate their understanding of the subject. As well as formal assessments, students will have their progress assessed through homework and learning activities completed during lesson time.



**BRISTOL
METROPOLITAN
ACADEMY**



PLEASE KEEP THIS BOOKLET IN A SAFE PLACE FOR FUTURE REFERENCE

Published September 2026

The information contained in this booklet was correct at the time of publication but may be subject to change at any time.
